#### Mobile Integrated Healthcare Community Paramedicine



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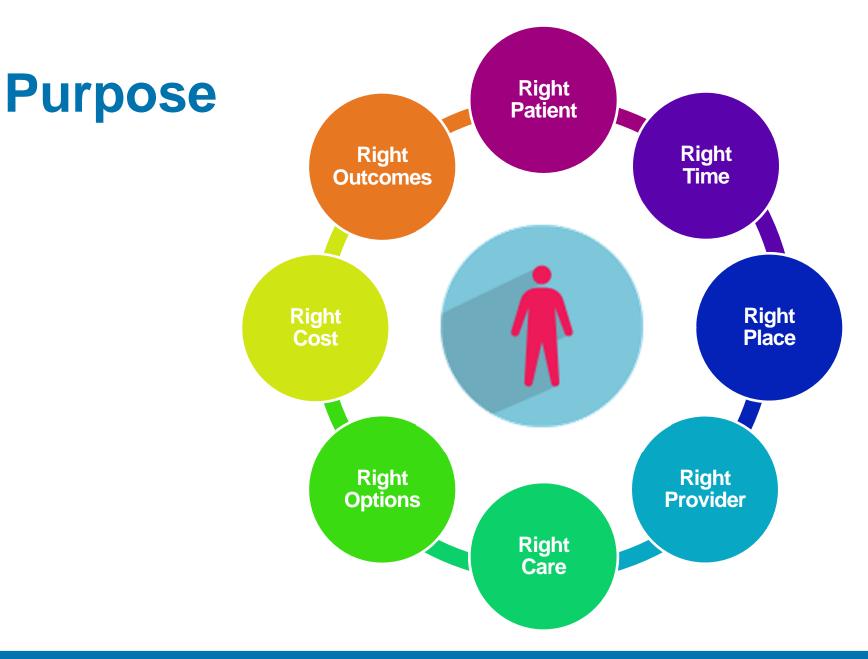
#### **Joint Vision Statement**

In its simplest definition, Mobile Integrated Healthcare (MIH) is the provision of healthcare using patient-centered, *mobile* resources in the *out-of-hospital* environment. It may include, but is not limited to, services such as providing telephone advice to 9-1-1 callers instead of resource dispatch; providing community paramedicine (CP) care, chronic disease management, preventive care or post-discharge follow-up visits; or transport or referral to a broad spectrum of appropriate care, *not limited* to hospital emergency departments.

## **Joint Vision Statement**

- Authors
  - The National Association of Emergency Medical Technicians
  - National Association of EMS Physicians
  - National Association of EMS Educators
  - National Association of State EMS Officials
  - American College of Emergency Physicians
  - Other partnering organizations





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#### Purpose

- Provide Support and Referrals
  - Recently Discharged
  - At Risk of ED Return or Hospital Readmission
  - Targeted Populations
    - Asthma/COPD, CHF, Diabetes, Substance Abuse, Etc.
  - High System Utilizers
    - EMS, ED, Hospital, Social Services
  - Underserved Populations



#### Purpose

- Provide Options
  - Alternate Dispositions
    - Assess, Treat, Refer, and/or Release
  - Alternate Transport Destinations
    - Physician Office, Clinic, Urgent Care, Etc.
  - Refer for Continuing Care
    - Home Health, Primary Care or Specialties, Clinics, Etc.



#### Background

- Late 2012
  - OhioHealth EMS Leads OhioHealth System Efforts
    - Exploring Mobile Integrated Healthcare
    - Identifying the role of Community Paramedics
    - Evaluating new and innovative care models



# Implementation

- Successful Patient Pilot
  - Columbus Division of Fire
  - Targeted Learning
    - Training and education with nurse specialists
    - CHF clinic practicum
  - Expanded Role Paramedics
    - Functioned with and under the on-scene direction of the Associate EMS Medical Director
    - Not an Expanded Scope



# Implementation

- Successful Patient Pilot
  - CHF Patients
    - Home-based visits
  - Successes
    - Destination Diversion
      - 1 patient from ED transport (i.e. potential hospital readmission) to CHF Clinic
    - Good catch
      - 1 patient called 911 due to CP team education about possible weight gains



OhioHealth EMS to host the first comprehensive community paramedic course in Central Ohio.

- Classroom
  - Approximately 120 Hours
- Practicum
  - Approximately 130 Hours
- Course Information
  - Registration and Prerequisite Information TBA



- Content Areas
  - Advanced Medical Life Support
  - Behavioral Health
  - Case Management
  - Chronic Disease Management
  - Community and Public Health
  - Community and Health System Resources
  - Congestive Heart Failure and Coagulation Management



- Content Areas
  - Continuum of Care
  - COPD and Pulmonary Disease
  - Cultural Competence
  - Diabetes and Endocrine Disease
  - Geriatric Emergency Medical Services (GEMS)
  - Healthcare Disparities
  - Healthcare Documentation



- Content Areas
  - Healthy Lifestyles and Wellness
  - Home Healthcare
  - Hospice
  - Infusion Therapy
    - Port and Catheter Assessment
  - Interdisciplinary Healthcare
  - Nutrition



- Content Areas
  - Palliative Care and Pain Management
  - Patient Advocacy
  - Patient Collaboration
  - Patient Capacitance and Transformational Change
  - Patient Resource Management
  - Physical Examination
  - Primary Care



- Content Areas
  - Readmission Reduction
  - Renal Disease and Dialysis
  - Short-Term Acute Care
  - Social Determinants of Health
  - Social Needs and Assessment
  - Substance Abuse and Addiction
  - Transitions-of-Care
  - Wound Management





- Introductions
  - Patient, Family, Paramedic
- Confirm and Discuss Reason for Visit
  - Discuss Background and Supporting Information
- Obtain Consents





- Identify Complaints
- Identify Acute vs Chronic Conditions?
- Identify Changes in Conditions?
- Determine Urgency?
  - Immediate Life Threat?
  - Immediate Corrective Action(s) Needed?
  - Objective Reason for Transport to ED?





- Review Past and Current History
  - Prior Findings
  - Primary and Secondary Diagnoses
  - Pertinent Negatives
- Identify Prior Hospitalizations and Visits
- Review Prior Plans of Care
- Review and Verify Medications and Compliance





- Verify Understanding of Prior Care Instructions
- Determine Self-Efficacy and Compliance
  - Prior Successes and Opportunities





- Identify Primary Care Physician
- Identify Other Physician Relationships
- Identify Hospital Relationships and Preferred Facility
- Identify Other Relationships
  - Home Health, Hospice, Public Health and Community Care, Outpatient Centers and Clinics, and Social Services





- Complete Clinical Assessments
  - Initial and Focused
- Complete Secondary Interviews and Assessments
  - Socio-cultural, Environmental, Nutritional, and General Needs
- Formulate Field Impression
  - Integrate pathophysiological principles and assessment findings





- Provide Patient Care
  - Protocol, Verbal Orders, Written Orders
- Review and Communicate Findings
  - Physicians, APPs, Nurses, Case Managers, Social Worker, or others
- Implement Plan of Care
  - New, Changed, or Continued
- Refer for Continuing Care
  - Home Health, Primary Care or Specialties, Clinics, Etc.





- Complete Patient and Caregiver Education
- Verify Understanding and Agreement to Comply
- Complete and Submit Documentation

Note: The unique circumstances of each patient episode will dictate the interaction, length of visit, etc.



#### **Thoughts and Questions?**

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#### Mobile Integrated Healthcare Resources OhioHealthEMS.com/communityparamedicine

#### **For Information, Contact**

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